

## ARIZONA ALL-STARS COVID-19 PROTOCOL

The following is our protocol for Covid-19 recommended by our insurance company and lawyers:

1. If an athlete is sick and sent home, they can return when they are symptom free for 48 hours if it is NOT COVID related.
2. If an athlete has COVID like symptoms, the athlete must be sent home. The gym recommends receiving a Covid-19 test. The gym will follow up daily with the family.
3. If an athlete does not test, the athlete must remain at home for 14 days AND be symptom free for 3 days before returning to the gym. If the athlete does test, they must remain out of the gym until they receive their results.
4. If an athlete does test and the test is NEGATIVE, the athlete can return after 3 days of NO symptoms.
5. If an athlete does test and the test is POSITIVE, the athlete can return AFTER 14 days from the test AND 3 days of zero symptoms. All parents must contact the Gym Owner so that we can contact appropriate athletes, staff, and families.
6. If the staff or athletes are in "close" contact with a Positive athlete, the staff and athletes will remain out of the gym for 7 days. IF THEY TEST, the same protocols above are followed.
7. If an athlete has had no known exposure, but a mandated test is required (i.e. prior to a doctor's appointment, prior to a surgical procedure, school blitz, etc.) and the athlete tests NEGATIVE, they may return to the gym immediately.
8. Masks will be required at all times unless during vigorous workout activity or when a mask may become a sight hazard (during tumbling skills). Athletes must maintain a 6' foot distance when not masked.

Thank You  
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