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AZ

All Stars

Gem of the Valley

2024-2025 SEASON 23

INFORMATION PACKET



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@ARIZONAALLSTARS

ABOUT US...

As we head into our 23rd COMPETITIVE SEASON, Arizona All-Stars is one of longest standing competitive programs in the state of Arizona. We pride ourselves in being a primarily home-grown program with athletes that thrive while learning life lessons and increasing their self-esteem. Our dedicated coaches and family feeling continues to be felt within our gym walls for over 20 years.

WHAT TO EXPECT.....

Team placements begin in May. We have two sessions - New and Returning Prep (May 20th) and Returning Elite (May 30th and 31st). Our goal for next season is to place athletes on the following teams - Novice, Pre Elite Lite and Elite Travel. We have a team for everyone. Some of our BEST athletes started with us a true beginner. Do not let lack of experience deter you away.

TEAM PLACEMENT....TRUST THE PROCESS

We evaluate athletes based on technique of all skills on a score sheet: Tumbling, Stunting, Jumps, Dance, Motion Placement, and Performance. We place athletes based on previous and current technique of ALL skills, age, mental maturity, attitude, and needs of a specific team. Arizona All-Stars strives to make the strongest, most competitive teams in each division and level. We aim to keep the oldest eligible ages together on each team. No experience? No Problem. We have a cheer program for you!!

2024 - 2025 USASF AGE ELIGIBILITY

Based on the year the athlete is born: Novice, Prep and Elite

Mini - 2015 - 2018

Youth - 2012 - 2017

Junior - 2009- 2016

Senior - 6/1/05 -2012 (Senior Prep 6/1/05 - 2013)

LOYALTY DISCOUNTS

****WE LOVE OUR FAMILY!!**

LOYALTY DISCOUNTS ARE BACK - \$5 - \$20 OFF/MONTH - One Discount per athlete

Athletes must have COMPLETED the number of competitive seasons below to be eligible

Discounts begin your second month after your first practice.

- 1-2 full seasons - \$5 off tuition per month
- 3-4 full seasons - \$10 off tuition per month
- 5+ full season - \$20 off tuition per month

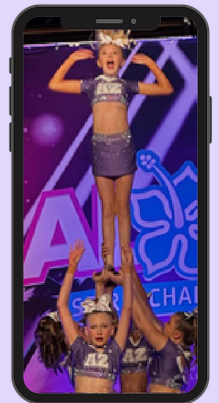
Second Child Discount* - \$10 off tuition per month

*Sibling and loyalty discounts cannot be combined. Family must choose which suits their family best.

See Jenn for discount questions.

QUESTIONS?

This information packet contains LOTS of information. It can be very overwhelming. If you have any questions, please come to the Informational Meeting on 4/17 at 6:15pm in the back of the gym. Bring your own chair! If you have more questions, please come to the front desk and we can answer any questions you may have! Email is OK too but leave a phone number so we can call you to chat!





CHEER PROGRAM TIERS



NOVICE

1.5-2 hours/week

Designed for the new cheer athletes with little to no experience. No experience is needed, but basic level tumbling skills are recommended. Team begins practice in August 2024, and perform at 2-3 local cheer competitions, along with 2-3 performances at Arizona All-Stars. Novice athletes will be able to enroll at different times of the season depending on performances. Season runs August - May. Tumbling can be added at an additional cost. See cost grid on page (8) for more information. Novice clothing budget includes - Uniform, a practice top and a bow.

PREP

3-4 hours/week

Designed for the cheer athletes with some competitive experience. Advanced level tumbling skills are required. Teams practice beginning July 2024 and practice 2x per week. Prep teams compete at 4-6 local events with 1 drivable event in Mar/Apr 2025. Season runs July - May. Tuition does include unlimited tumbling. See cost grid on page (8) for more information. Prep clothing budget includes - Uniform, a practice top, 2 shirts (or jersey) and a bow. Once choreography is complete, we will not be adding to the Prep Teams unless we are not at MAX.

ELITE LITE

4-5 hours/week

Designed for the cheer athletes with some prior competitive experience. Adv/Elite level tumbling skills are required. Teams practice 2 days per week with an additional tumbling practice. Elite lite teams will travel to 2 drivable events. Tuition also includes unlimited tumbling. Season runs June - May. See cost grid on page (9) for more information. Elite Lite clothing budget includes - Uniform, 2 practice tops, 2 shirts (or jersey), and a bow. Once choreography is complete, we will not be adding to the ELITE LITE Teams unless we are not at MAX.

ELITE

5-6 hours/week

Designed for cheer athletes with prior competitive experience. Adv/Elite level tumbling skills are required. Teams practice 2 days per week with an additional team tumbling practice. Teams will travel to 2-3 out of state events with (1) planned flight. Tuition also includes unlimited all levels tumbling. Elite teams are hopefuls to earn Youth/D2 Summit bids during the season to attend these events at the end of the season. Season runs June - May. See cost grid on page (9) for more information. Elite clothing budget includes - Uniform, 2 practice tops, 2 shirts (or jersey) and a bow. Once choreography is complete, we will not be adding to the ELITE Teams unless we are not at MAX.

****Youth and D2 Summit is required for any bid eligible teams in May 2025 which will require additional fees. See front desk for more info on adding Summit Fees to your monthly tuition.**

TEAM PLACEMENTS

1. Please go to www.azallstars.com/cheer to register for the Season 23 Team Placements.

Register by MAY 1st and Save and LOCK IN your tuition for next season*!!!!

Team placement fee(\$150)* includes - Gym Registration, Season 23 Shirt and team placements.

*After May 1st - Registration increases to \$175 and Tuition increases \$10/month

2. Please fill out the Team Placement application and attach a photo when you turn it in.

3. Session 1 - May 20th - NEW Athletes and Current Prep Session

Monday - 5:30pm – 7pm

Some athletes may be asked back to come back to the Elite session. This does not always guarantee an elite placement, we may just need to see the athlete in another setting.

Athletes must come prepared with a jump and tumbling routine. Visit our instagram @arizonaallstars to see the level routines. Additional skills will be asked to see at your session.

4. Session 2 - May 30th and 31st – All Returning Elite Athlete Session

Thursday and Friday

4:30-6pm - Level 1 and 2 Skills

6:30-8pm - Level 3-5 Skills

See the list of skills page to see which session you should attend

Athletes must come prepared with a jump and tumbling routine. Visit our Instagram @arizonaallstars to see the level routines. Additional skills will be asked to see at your session.

5. Team placements will be emailed by Sunday, June 2nd at 5pm. The email will contain lots of information.

Please take time to read. The (optional) Reveal Party will be June 3rd from 7-8pm. At that time (or your first practice), your signed financial contract, the parent/athlete contract and your first payment will be due.

Please see Jenn with any questions. Taking Summer vacation - Please fill out the vacation form. This can be turned in anytime in the summer.

PLACEMENT CHECK LIST

- ✓ REGISTER ONLINE
- ✓ PRINT OUT TEAM PLACEMENT APPLICATION AND TURN IN
- ✓ ATTACH A PHOTO



REVEAL PARTY 6/3 CHECK LIST - 7-8PM

- ✓ YOU AND A PARENT
- ✓ SIGNED FINANCIAL CONTRACT
- ✓ SIGNED ATHLETE/PARENT CONTRACT





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LIST OF SKILLS BY LEVEL

LEVEL 1

Level Appropriate Skills (Novice)

- Forward Roll
- Backward Roll
- Cartwheel
- Handstand Forward Roll

Advanced Skills (Prep)

- Back Walkover (BWO)
- BWO-Backward Roll-BWO
- Front Walkover (FWO)
- Cartwheel BWO
- Roundoff

Elite Skills (Elite)

- BWO Series (3)
- BWO Switch Kick
- Valdez
- Cartwheel BWO Series
- FWO Cartwheel BWO

LEVEL 2

Advanced Skills

- BWO Back Handspring
- BHS-Step Out-BWO
- Front Handspring
- Cartwheel BHS Step Out
- Roundoff BHS Step Out

Elite Skills

- BHS-Step Out-BWO-BHS
- BWO Switch Kick BHS
- Cartwheel BHS Series (3)
- Roff BHS Series (3)
- Flyspring
- FWO Roff BHS Series (2)

LEVEL 3

Advanced Skills

- Standing BHS Series (3)
- Punch Front
- Roff BHS Series Tuck
- Toe Touch BHS Series (2)
- BWO BHS Series (2)

Elite Skills

- BHS-Step Out-BHS Series (2)
- FWO Aerial
- Roff BHS Tuck
- FWO Roff BHS Tuck
- FHS Punch Front

LEVEL 4

Advanced Skills

- Standing Tuck
- BWO tuck
- Standing BHS Series (2) Tuck
- Roff Whip to Tuck

Elite Skills

- Standing BHS Tuck
- Roff BHS Layout
- Toe Touch BHS Tuck
- PF Step Out Roff BHS Layout
- Roff Whip to Layout

LEVEL 5

Advanced Skills

- Toe Touch Tuck
- BHS Series (2) Layout
- Roff BHS Series Full
- Roff Arabian

Elite Skills

- Standing BHS Layout
- Roff BHS Full
- PF Step Out Roff BHS Layout
- FWO Roff to Full



Competitive cheerleading is a large commitment from our athletes and the entire family.

Some things to consider and understand:

- All practices, performances, and events are always mandatory. You must arrive at all practices, competitions and scheduled events on time. Punctuality is a **MUST!**
- Attendance policies: The only POSSIBLE exceptions to missing practice is for a contagious illness or school function for a grade. All school functions **MUST** be communicated to your coach in a timely manner in writing along with proof the school function is for a grade. Please no **LAST MINUTE REQUESTS**. Contagious illnesses must be communicated to Jenn. Missing 5 practices for ANY reason, may result in removal/replacement of your athlete on their team/routine.
- Extended illness (missing more than 1 practice) will require a doctor's note to return.
- Any injury that requires an athlete to sit out of practice will require a doctor's note to return. Please understand that any injury that requires an extended period of healing time, may result in movement in the routine/team.
- Missing practice 1 week prior to a 1-day competition and/or 2 weeks prior to a 2-day competition may/will result in being removed from the routine and replaced for that upcoming competition.
- Athletes need to be able to physically and mentally perform all aspects of cheerleading. This may require additional practices, privates, conditioning and/or classes. Some practices may be last minute scheduled.
- Great sportsmanship, polite manners, and a good disposition are mandatory at all practices, competitions, and events from all athletes, parents, and AZ All-Stars friends and family.
- Practices may be added or changed during any time in the season.
- Please feel free to talk to your coach or Jenn about anything: please remember to do so at the appropriate time. For example, in the middle of practice or competition day would not be an appropriate time.
- Social Media posts that are in poor representation of Arizona All-Stars may result in suspension or removal from the team/gym.
- Personal items, such as cell phones, school bags, etc. are the responsibility of the athlete and must be stored away during classes and practices. Arizona All-Stars is not responsible for any lost or stolen items.
- **NO GOSSIP** about ANY other athletes, teams, coaches, staff will be tolerated.
- Only athletes and coaches are allowed in the gym.
- All practices are **CLOSED** to parents, except for the final 15 minutes of each practice.
- No one is ever allowed to yell down to their athlete from the parent mezzanine.
- Arizona All-Stars is not a babysitting service. No athlete should be dropped off at the gym unsupervised or without being in a class or practice.
- It is the parent's responsibility to know what is going on with your team(s). Check your emails and the team's band groups regularly. Band, Facebook, Remind, and Email are all potential means of communication.
- Please make sure both parents are fully aware of the time commitment to Arizona All-Stars. It is unfair to the team and especially the athlete for practice/competitions to be used as a bargaining tool. Arizona All-Stars will make no exceptions due to co-parenting conflicts.
- Punishing a child by missing practice and/or competition is not acceptable.
- Homework is not an acceptable excuse for missing practice.
- Anyone threatening to quit or remove their athlete from a team may be removed from the program immediately.
- Arizona All-Stars gym name, team names, logos, etc. are never allowed to be used in any capacity on clothing, team items, etc. without the approval from Jenn.



2024-2025 POTENTIAL COMPETITIONS

NAME	Event	Location	Summit Bids
November 16th/23rd, 2024	AZ Kickoff Showcase	Arizona All-Stars	
December 7th, 2024	All Things Cheer	Arizona State Fairgrounds	5 WC
December 21st-22nd, 2024	American Grand	Las Vegas, NV	3 FP & 7 AL
January 11th-12th, 2025	All Star Championships	Phoenix Convention Center	1 PP & 4 AL
January 18th-19th, 2025	GSSA Grand Nationals	Bakersfield, CA	3 FP & 7 AL
January 25th-26th, 2025	All Things Cheer	Seattle, WA	3 FP & 7 AL
January 25th-26th, 2025	Athletic Championships	Desert Diamonds Arena	2 PP & 6 AL
February 1st-2nd, 2025	Spirit Sports	Palm Springs, CA	3 FP & 7 AL
February 15th, 2025	Jamfest	Mullett Arena	5 WC
February 22nd, 2025	Encore	Las Vegas, NV	1 PP & 4 AL
March 1st-2nd, 2024	PacWest Grand National	Portland, OR	3 FP & 7 AL
March 7th-9th, 2025	Aloha Championships	Phoenix Convention Center	3 FP & 7 AL
March 22nd-24th, 2025	USA Super Nationals	Anaheim, CA	5 WC
March 29th, 2025	CHEERSPORT	Arizona State Fairgrounds	5 WC
April 5th-6th, 2025	American Showcase	Anaheim, CA	
April 12th-13th, 2025	The West Regional Summit	Phoenix Convention Center	
***April 24th-25th, 2025	Youth Summit	Tampa, FL	***
***May 10th-11th, 2025	D2 Summit	Orlando, FL	***

We will choose 5-7 events for each prep, elite lite, and elite team and the 2024-25 competition schedule will be sent by the end of August. Novice will attend 2-3 competitions, plus 2-4 showcases at Arizona All-Stars.

- Novice - local only - 3 comp events, 2-3 gym events**
- Prep - Local and 1 drivable event**
- Elite Lite - Local and 2 drivable events**
- Elite - Local and the potential of 2 drivable and 1 flight event**

***Elite Summit teams must receive a bid at a prior D2 Summit bid event to attend. All athletes selected for a D2 Summit team is required to attend.

Program	Deposit (First month) After Reg	Tuition Due on 1st	Uniform/Comp Fees/ Add. Fees	Season Total
NOVICE	\$285 Due at first practice - AUG	\$185/Month Total - \$1580 Sept - May 15th	\$500	\$2365
PREP	\$655 Due at first practice - July	\$230/Month Total - \$2300 Aug - May 15th	\$1890	\$4780
ELITE LITE	\$655 Due at first practice - June	\$230/Month Total - \$2530 July - May 15th	\$2405	\$5590
ELITE	\$655 Due at first practice - June	\$230/Month Total - \$2530 July - May 15th	\$2805	\$5990

Novice Payment Structure
Season Total - \$2365*

OPTION 1
 Due First Practice (AUG) - \$285
 Sept - Dec - \$305* each month on the 1st
 Jan - April - \$215* per month due on the 1st

OPTION 2
 Due First Practice (AUG) - \$265
 Sept * - \$785
 Oct - April - \$185* per month due on the 1st
 *Discounts will be seen here

PREP Payment Structure
Season Total - \$4780*

OPTION 1
 Due First Practice (July) - \$655
 Aug - Nov - \$610* each month on the 1st
 Dec - April - \$337* per month due on the 1st

OPTION 2
 Due First Practice (July) - \$655
 Aug* - \$2285
 Sept - April - \$230* per month due on the 1st
 *Discounts will be seen here

Tuition includes - Unlimited Tumbling for Prep, Elite Lite and Elite, Choreography, music, uniform, spirit wear, competition fees, coaches fees, additional fees. The above fees do not include USASF annual fee (\$59) and optional Gem Pack fee (\$165) . Not included in above fees - Specator admision to showcasees and competitions, travel to competitions, hotel rooms, private lessons and post season events (D2 Summit)

Program	Deposit (First month) After Reg	Tuition Due on 1st	Uniform/Comp Fees/ Add. Fees	Season Total
NOVICE	\$285 Due at first practice - AUG	\$185/Month Total - \$1580 Sept - May 15th	\$500	\$2365
PREP	\$655 Due at first practice - July	\$230/Month Total - \$2300 Aug - May 15th	\$1890	\$4780
ELITE LITE	\$655 Due at first practice - June	\$230/Month Total - \$2530 July - May 15th	\$2405	\$5590
ELITE	\$655 Due at first practice - June	\$230/Month Total - \$2530 July - May 15th	\$2805	\$5990

ELITE LITE Payment Structure
Season Total - \$5590*

OPTION 1
 Due First Practice (June) - \$655
 July - Nov - \$650* each month on the 1st
 Dec - April - \$337* per month due on the 1st

OPTION 2
 Due First Practice (June) - \$655
 July* - \$2865
 AUG - April - \$230* per month due on the 1st
 *Discounts will be seen here

ELITE Payment Structure
Season Total - \$5990*

OPTION 1
 Due First Practice (June) - \$655
 July - Nov - \$730* each month on the 1st
 Dec - April - \$337* per month due on the 1st

OPTION 2
 Due First Practice (June) - \$655
 July* - \$3265
 AUG - April - \$230* per month due on the 1st
 *Discounts will be seen here

Tuition includes - Unlimited Tumbling for Prep, Elite Lite and Elite, Choreography, music, uniform, spirit wear, competition fees, coaches fees, additional fees. The above fees do not include USASF annual fee (\$59) and optional Gem Pack fee (\$165) . Not included in above fees - Specator admision to showcasees and competitions, travel to competitions, hotel rooms, private lessons and post season events (D2 Summit)



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2024-2025 Team Placement Athlete Application

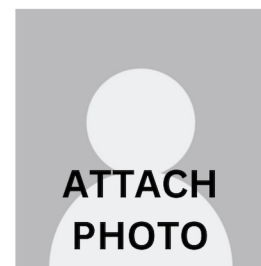
Please attach/staple printed photo - from phone is OK

Name: _____ Date of Birth: _____

Parent's name & cell number: _____

Parent Email for team results: _____

T-Shirt Size: _____ Short Size: _____ Shoe Size: _____



List Standing and Running Tumbling Skills:

List Stunting Strengths:

What would be your best contribution as a team member:

Are you trying out for ANY Arizona All-Star team regardless of level? If No, please explain.

Please circle the level(s) you are only interested in and why? (please see the skills requirements per level)

Novice Prep Elite Lite

Elite Level 1 Elite Level 2 Elite Level 3 Elite Level 4 Elite Level 5

Why?

Are you interested in cross competing? Yes No
(additional competition fees will apply)

Please Note: Listing one specific level will NOT guarantee your chances of making that level, however, it may eliminate you from being considered for other options. As a reminder, AZ All-Stars athletes are not trying out for a specific team, you are trying out for our program. We will place athletes based on current competitive ready tumbling and stunting skills/technique along with jumps, dance, and performance skills/technique. We take mental readiness/toughness, commitment, and eagerness into consideration. We also place based on needs of the gym and needs of teams. Thank you for your understanding and trust during this process!

For Coaches Use Only -Team Placement notes:



DATE: _____

TEAM: _____

AZ All-Stars Tumbling and Cheer, LLC 2024-2025 Important Rules, Expectations and Regulations for Athletes & Parents

Athlete Name: _____ **Parent Name:** _____

PLEASE READ CAREFULLY - The following pages reflect the expectations held of all AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars (AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars) members. It is an honor and privilege to be a part of this program, and all members will be held accountable for their behavior. Members of the AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars Force are one of the most visible groups in Tempe, and in all of Arizona. As a result, AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars Force can be the most watched. As an ambassador of the sport of competitive cheer, members are quite visible in the public eye, so that what you do and say, whether good or bad, has tremendous consequences upon the respect ascribed to me, other AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars coaches, athletes, families, members and the fans.

Therefore, proper behavior is required, at all times, while being a part of this program. Below you will find our code of ethics required to be a member of the AZ All-Stars Tumbling and Cheer, LLC. Next to each criterion below, you will see initial lines: "P" represents the parent initials and "A" represents the athlete's initials.

P:_____ A:_____ Squad Placement & Movement

OUR COACHING STAFF RESERVES THE RIGHT, AT ANY TIME, TO CHANGE THE LEVEL OR ROSTERS OF A TEAM BY ADDING, REARRANGING, OR REMOVING ATHLETES TO/FROM TEAMS FOR A PERFORMANCE, PRACTICE, COMPETITION, OR THE ENTIRE PROGRAM. PLEASE NOTE THERE ARE NEVER ANY REFUNDS. Athletes try out to be a member of AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars, not a particular team.

P:_____ A:_____ Performance/Competition Expectations:

- You must attend all mandatory practices, performances, competitions, fundraising or charitable events and any other team activity on schedule.
- All practices, performances, and competitions are MANDATORY.
- No matter an athlete's age or team, the athlete is responsible to be where they are instructed at given times. At events, coaches are responsible for athletes from pre warm-up meet time through performance/compete time. Times outside of pre warm-ups and performance/competitions are at the discretion of the athlete's parent(s) and/or the guardian the athlete is in attendance with. You may not leave the AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars group, when in our care, without permission of your coach.
- Parent(s) and/or guardian(s) understand that following each routine performance, they will give coaches and athletes space and time to discuss the routine performance without parent interference before they are released to see spectators.
- You are responsible to have all medically necessary devices with you at all practices and functions. Some examples include inhalers, epi-pens, braces, sports wrap, etc. All items must be clearly labeled with your initials.
- Late arrivals/leaving early will not be accepted as "excused." Any late arrival or early departure must be cleared with the coaches 24 hours in advance.
- Athletes are required to stay for the time set forth at each competition by AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars Force. You will be given a schedule prior to each competition detailing the times you are required to be present. As we do not know exact schedules until the week of competition, please do NOT plan activities on competition days to avoid potential conflicts. All athletes are required to stay for their team's awards and to be dressed in full uniform including cheer shoes. .
- Every effort must be made to assure your child is in attendance at every competition, performance, etc. (including issues such as illness, etc.). You may arrange to leave an event/competition with Jenn's approval after performance/compete time if your child is ill.

P:_____ A:_____ Conduct:

- ANY use, possession, or under the influence of non-prescription drugs or alcohol at any team or other AZ All-Stars Tumbling and Cheer, LLC event/practice/event by athletes, at any time, will result in being dismissed from the program. If we feel a member is under the influence, we will notify the appropriate authorities and it will be handled accordingly.
- Use of, or possession of tobacco/vape by athletes at any team event, at any time, is not allowed. This will result in being dismissed from the program.

ATHLETE NAME: _____

P: _____ A: _____ Attendance in Regards to Absences:

- Your Team’s Rep/Parent must be personally notified, a minimum of 24 hours IN ADVANCE, when you cannot make it to a scheduled practice or activity. (Phone call is acceptable, email/text are acceptable IF you receive a reply from the Team Rep confirming receipt of notice.) NO LAST MINUTE REQUESTS.
- You are allowed 3 excused absences during the course of competition season. For the course of this contract, competition season will be defined as the first day of school to the last practice of the season in 2024. (example - July 19, 2023 - May 2024.) Excused absences are for any contagious illness or a school function that requires a grade. After your 3rd excused absence, you are eligible to be dropped from your team’s choreography for the amount of time decided upon by coaches. If you have extenuating circumstances, you must discuss this with Jenn two weeks prior. *Please also note, if you are dropped from the choreography or program, no refunds of any monies paid or earned will be given.
- Missing 5 practices for ANY reason may result in removal/replacement of your athlete on their team/routine
- Absences due to employment, homework, projects, other extra-curricular events, trips, family events (i.e. birthday celebrations, relatives in town, etc.), orientations, meet the teacher night are UNEXCUSED. Please work your personal schedule around your cheer schedule, which has been given to you in advance. Unexcused absences may be fined by \$50/occurrence. After 3 unexcused absences you may be dropped from the program.
- If you come to practice unprepared (i.e. you are not in correct practice clothing, shoes, bow, hair pulled back, etc.), you may be excluded from that practice and you will receive a “not prepared” for the day. Three “not prepared” marks equal one unexcused absence.
- Prolonged illness or injury* (longer than 1 practice) will require a doctor’s note and clearance to return to cheer to assure your safety. Speak to Jenn with any issues. Please note, if you are ill or injured, your spot on your team is NOT guaranteed. You may be replaced, moved or placed on another team when you return. *Please also note, if you are ill, injured or dropped from the choreography or program, no refunds of any monies paid or earned will be given.
- *If injured or have other symptoms (cramps, headache, etc.) you are still required to be dressed out at practices with team, and attend all cheer events with your team in proper uniform (performances, competitions, etc.) participating to the BEST of your ability.
- While we understand female members may experience hormonal issues (emotional and physical) due to menstrual cycles, we also recognize this is not a reason to miss any practice, competition, event and athletes will be expected to practice/compete/perform as scheduled.

P: _____ A: _____ Practice Expectations:

- You are expected to give 100% at every practice!
- AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars athletes do not say “I can’t..” or “It’s too hard,” – we are positive and encouraging!
- You are required to be prepared with items you will need. Please pack an extra healthy snack (NO candy) and water bottle for cheer.
- If you need medical items (like an asthma inhaler) or feminine hygiene products, please have one in your cheer bag at all times.
- Proper attire is expected at all practices. Until practice clothing comes in, wear all black and hair all the way up in a ponytail. Please NO loose fitting clothing that can pose a potential risk to the athletes and/or spotters.
- NO JEWELRY...this includes earrings, rings, bracelets, watches, necklaces, belly/facial/tongue/other piercing, etc. Solid or soft, plastic or metal – it ALL comes off EVERY practice. Jewelry can pose a safety risk – please take it off! The only exception to this is that soft plastic “place holder” pieces can be inserted and worn for piercings which may close. We are not responsible for lost jewelry of any kind.
- Do not plan to pierce yourself after July 31, 2024, as it will not allow enough healing time to safely remove jewelry for competition season. Competitions allow ZERO piercings – taped or not.
- Nails must be cleaned and maintained for safety during stunting. If nail polish is worn during competition season, you must have natural color and shape. No bright colors or long nails are allowed.
- FINAL SAY: The coaches have the right to alter the practice schedule as needed. If there are any changes the day of practice, parents will be emailed/put in band/on a group chat/added to Facebook groups to notify you about the immediate changes. All members must take individual responsibility to watch for those announcements. We do like to give ample time to schedule last minute practices, however there are times we need to keep athletes longer last minute.
- Coaches do have the right to change practice dates and times to help the team in time of need (i.e. prior to a competition). Please be aware you need to be flexible if asked. The coaches will always try to give at least a week in advance warning, but in certain circumstances this cannot always occur.

ATHLETE NAME: _____

:P: _____ A: _____ Practices/Tumbling at other facilities

We highly recommend all athlete's tumbling, stunt, cheer and dance at our facility. We have seen the best progressions under our instruction. If you feel you need additional training at another facility, please contact Jenn to discuss options and the direction of your athlete. Please note that if you do go train at another facility without us knowing, you may be removed from the team/gym as it could cause issues. We do not feel the training and progressions at other facilities meet our team/season goals.

P: _____ A: _____ Clothing/Team Apparel/Logos - Not to be used or created

Anything gym related to AZ All-Stars, its logo/logos, teams, team names, levels, etc will be made and distributed by AZ All-Stars. If a team would like to order team gear off of the gem pack or if a parent wants to make a team item or apparel, please see Jenn for approval. All of the listed above are never allowed to be used in any capacity on clothing, team items, etc. without the approval from Jenn.

P: _____ A: _____ Practice Season/Mandatory Dates:

- Choreography will be done by AZ All-Stars Tumbling and Cheer. All choreography is property of AZ All-Stars Tumbling and Cheer, LLC and cannot be used outside of AZ All-Stars Tumbling and Cheer, LLC without written permission.
- Practices start the week of June 3rd, 2024 for Elite teams and begin the week of July 13th, 2024 for our Prep teams. ALL practices are MANDATORY. Summer vacation forms are needed for all summer vacations. Please see our team website for summer vacation/any vacation form.

P: _____ A: _____ 2024 - 2025 Practice Calendar LIST for ALL ELITE AND PREP TEAMS:

- For the purpose of this contract, we will define the season calendar into THREE categories. GYM CLOSINGS, MANDATORY PRACTICES/WEEKS and SOFT WEEKS. "Soft weeks" will be defined as days/weeks where absences will NOT be counted against you as long as we have your time off in writing. Please see "Vacation Request Form". Please note: the gym and classes will still be open for team and tumbling classes during most closure weeks. We typically follow the Kyrene and Tempe Union school schedule.
- GYM CLOSINGS JUNE 2024 - May 15th, 2025 - July 3rd - July 7th (4th of July Week) , September 2nd (Memorial Day), Nov 27-28th (Thanksgiving), Dec 23rd -Jan 3rd (Winter Break) March 10th - March 14th (Spring Break)
- Practices are MANDATORY year round from June 3rd through the end of season event.
- SOFT WEEKS - June 5th - July 18th, Oct 2-6th

P: _____ A: _____ Competitions:

- You are required to attend every competition in full uniform (or specified attire), whether you are competing or not (this includes alternates).
- Athletes must attend all practices during the 1 week prior to an in-state event/competition and 2 two weeks prior to an out-of-state competition in order to perform/compete. Illness, school mandatory events do happen from time to time during our competition weeks. Please note, you may be removed from that competition and/or an additional last minute or scheduled practice may be added at the discretion of Jenn and/or your coach. We evaluate every situation to make the BEST decision for the team when last minute situations/illness occur. These decisions may not agree with your beliefs, so we ask that you respect what we decide as we are making a decision that is best for the remainder of the athletes.
- You may not be included in a portion of a routine if a skill is not met that was required. Competition may or may not have alternates, depending on the skill levels.
- You are expected to abide by all conduct rules and expectations of AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars, hosting organization, and the competition company while at competitions.



ATHLETE NAME: _____

P: _____ **A:** _____ **Additional Items/Social Media:**

- Athlete’s tuition is based on a yearly amount, not monthly. The yearly amount is divided into 11 or 12 equal payments. These payments are due regardless of weeks in a month, absence, vacation, etc. There are no prorated fees or refunds at any time, for any reason.
- Please note: There is NO CREDIT to athletes’ accounts given for injury or sickness. If athletes are sick or injured for an extended amount of time, they are still required to continue their regular pay schedule to hold the athlete’s spot on their team. There is NEVER any credit for missed practices, performances or competitions.
- Great sportsmanship, polite manners and a good disposition are mandatory at all practices, competitions, and events from all athletes, parents, and AZ All-Stars friends and family. This includes any social media postings. Any direct or indirect comments on any social media sites aimed at any athlete, coach, owner, team or gym is not tolerated. You will be asked to leave the gym immediately for any direct or indirect comments/posts. In addition, any verbal attack on any staff/athlete/coach on or off premises will result in termination from the gym. As a reminder, Jenn’s door is always open and she is willing to discuss any issues, questions or concerns you may have. I
- NO GOSSIP about ANY other athletes, teams, coaches, staff will be tolerated.
- Only athletes and coaches are allowed in the gym.
- All practices are CLOSED to parents, except for the final 15 minutes of each practice.
- No one is ever allowed to yell down to their athlete from the parent mezzanine.
- Personal items, such as cell phones, school bags, etc. are the responsibility of the athlete and must be stored away during classes and practices. Arizona All-Stars is not responsible for any lost or stolen items.
- Arizona All-Stars is not a babysitting service. No athlete should be dropped off at the gym unsupervised or without being in a class or practice.
- We look for assistance through the season to help with each team. A team parent/parents/representative will be appointed. This is a volunteer position. We ask that you include all families with correspondence. Some duties of a Team parent/representative are as follows but not limited to : attendance, facilitation questions, group bonding events, If we feel you are not doing what we have asked, we will ask you to step down. More info will be provided as we get going in the season.
- It is the parent’s responsibility to know what is going on with your team(s). Check your emails and the team’s band groups regularly. Band, Facebook, Remind, text and Email are all potential means of communication.
- Anyone threatening to quit or remove their athlete from a team may be removed from the program immediately.
- Please make sure both parents are fully aware of the time commitment to Arizona All-Stars. It is unfair to the team and especially the athlete for practice/competitions to be used as a bargaining tool. Arizona All-Stars will make no exceptions due to co-parenting conflicts.
- Punishing a child by missing practice and/or competition is not acceptable. In addition, homework is not an acceptable excuse for missing practice.
- Any checks written to Arizona All-Stars, that are returned unpaid for any reason, will incur a \$50.00 fee. Payment for the returned check, plus \$50 fee, paid in cash, is due in 5 calendar days of bill date. Late fees may apply. Late fees are \$50 after the 10th of the month. Any chargebacks for any reason will also incur a \$50 fee. All fees will also be needed to be paid in order to continue. .

By signing below, I/We, _____, fully agree to participate in AZ All-Stars Tumbling and Cheer, LLC and/or AZ All- Stars Cheer programs and athletic activities, including cheerleading and dance, realizing that such activity involves the potential for serious injury. I acknowledge that even with the best coaching, use of the most advanced protective equipment and strictest observance of rules, injuries are still a possibility. On a rare occasion these injuries can be so severe as to result in total disability, quadriplegia or even death. Furthermore, I specifically release from all liability, and hold completely harmless, AZ All Stars Force, LLC, AZ All-Stars Tumbling and Cheer, LLC and/or AZ All-Stars Force and any of it’s officers, managers, directors or coaches and furthermore release from all liability, and hold completely harmless, any volunteers/employees/athletes/ participants/contractor/ any other person assisting with the program.

_____ Athlete Name Date

_____ Athlete Signature Date

_____ Parent/Guardian #1 Signature Date

_____ Parent/Guardian #2 Signature Date



Arizona All-Stars 2024 – 2025 Financial Commitment

Due by your FIRST Team Practice – MANDATORY FORM

Athlete Name: _____ Team: _____

Parent Name(s): _____ Parent Cell: _____

I have read and fully understand my financial commitment to Arizona All-Stars outlined in this tryout packet. I understand that my commitment is for the 2024-2025 season. I understand that I am giving my credit card/debit card information. That information may be used if I do not meet payment deadlines to Arizona All-Stars Tumbling and Cheer, LLC. I understand that I will forfeit any monies paid if I choose to leave a team or I am asked to leave the program. I understand that a \$350 quitting fee will be assessed if I choose to leave the program. I understand that I am entering into this program of my own free will. I do understand that ALL FEES ARE NON-REFUNDABLE.

Penalty fees*:

- **Late Fee:** Account will be charged a \$50 late fee for any outstanding balance on the 10th of the month
- **Chargebacks:** account will be charged a \$50 fee for all chargebacks with cards or checks
- **Unexcused practices:** account may be charged a \$50 fee for any missed practice without the coach's knowledge within 24 hours of a scheduled practice. **LAST MINUTE SICKNESS** (within 5 hours of practice) is unexcused. Must use 2 forms of communication to inform head coach/Jenn and have a response from the coach to validate missed practice. Please see the team contract for the FULL attendance policy.
- **Competition Late fee:** account may be charged a \$50 fee when an athlete is late for scheduled check-in time at competitions.
- **If an athlete has more than one month tuition/outstanding charges past due, that athlete may be removed from practice and a potential replacement may have to step in.**
- **There will be a \$350 quitting fee for anyone that chooses to quit before the end of the season.**

Parent Signature: _____ Date: _____

EVERYONE is required to submit credit card information to be on auto-pay. If you would rather pay tuition with another form of payment, that payment must be in before credit cards are run on the 1st of each month. This financial commitment will run through APRIL 2025. Please see the team contract for all our current policies.

Please select which payment option you would like (Please refer to try out packet - Page 8 or 9)

Option 1 OR Option 2

****Please provide all credit card info EVEN IF we have your card on file already. Thank YOU****

Name as it appears on the card: _____

Billing Address: _____ Zip Code: _____

Phone number: _____

Type of Card: circle one : **MC VISA DISC - SORRY NO AMEX**

Credit Card Number: _____ Exp. Date: _____ CVC code: _____

Signature: _____ Date: _____

****Cards on file are billed on the first of every month. Payment is expected on or before the 1st.****



Vacation Form 2024-2025

Athlete: _____

Team(s): _____

Planned Vacation Date(s):

Parent Name: _____

Signature: _____

Phone Number: _____

Office Use:

Coach Signature: _____